

TRANSFORMATION INTENSIVE

Personal Leadership Development

You are invited to a 9 days full immersion course on personal transformation and insight.

The rewards of taking the full **Transformation Intensive** are surprising new perspectives and realizations about your hidden assumptions and thought patterns that you had no idea were “running you”, even if you are a change professional and have done a lot of interior work. You learn the skills to dissolve limitations, recurring patterns and inner conflicts. The approach guides you further on a experiential, practical path to accomplish radical change in your life and make it last. The insights of this course can be directly applied to personal, professional, and collective challenges. Also, the release of built up complexity allows for thorough relief and lightness. With all its depth, this work is fun!

The Transformation Intensive addresses individuals and teams who:

- are working with complex adaptive systems and their pushback
- would like more impact, power and alignment in their personal reality (job, relationship)
- experience recurrent life situations they wish to change
- are in a transition period of in their life and would like to create something new that is more aligned with who they really are
- would like to experience a depth, lightness and clarity they didn't have access to before

Methods: The course speaks to your own level of expertise and takes place in a safe and light environment. We use methods and tools that can be seen through the lenses of Ken Wilber's Integral Theory, Otto Scharmer's U-Theory or Robert Kegan's Immunity to Change work. They can also be cross-referenced with other more intuitive transformative processes, tools and methods. **Please note that no theoretical knowledge is required. The Course is completely experiential. The methods are content-free.** www.mindshift-integral.com

Course Details

9 - 17. April 2016 - Countryside north of Berlin, Germany www.schmagerow.com; nearest airport Berlin. Costs: Euro 3500; early booking: € 3200. Facilities, internet, full board and accommodation: 80,- € per day. Please ask for a taster of what we do on skype. Write to anne@mindshift-integral.com or johann.entz@gmail.com

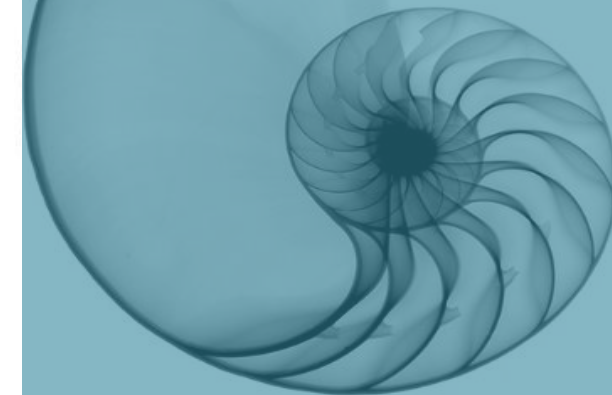
MINDSHIFT INTEGRAL

“If awareness is missing, intelligence stands no chance”.

Trainers



Anne Caspari and Johann Entz-von Zerssen have each more than 15 years of experience working with personal transformation, coaching and Organizational Development worldwide. Anne with cutting edge integral and adult development methods and Johann as faculty and leadership trainer for the Coaches Training Institute, for individuals, groups and numerous organizations at all levels of leadership. They joined forces in 2014 to bring personal leadership training to the next level.



The course is an excellent training ground for professionals, managers, integral thinkers or leaders interested to go deeper in their own development and enhance their personal capacity and skill set. It provides a powerful community of practice for change makers.

